Regenerate myself







# Body exfoliant (duration 30 minutes) Exfoliant to remove dead skin cells, making the skin more

soft and moisturized.

Facial massage (duration 30 minutes)
Slow, deep massage to oxygenate, restore elasticity and softness and prevent wrinkles.

# Body massage (duration 40 minutes)

A very pleasant and relaxing pampering to relieve tension.

### 1 Entrance to the Wellness Area.

Duration two hours: Finnish sauna in fir wood of Val di Fiemme, Aromatic steam bath, Kneipp Path, Whirlpool, Experience showers with tropical rain and cold mist, Ice waterfall, Geyser with water play, Relaxation area with wall of rock salt Himalayan mineral and herbal tea room.

## 1 Courtesy kit in use.

Bathrobe, shower towel, slippers, shower cap and shower foam.

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